Personal Excellence Workshop Brochure

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High Performing Teams require High Performing People... Build stronger, more effective people! Here's How...

Ceptara's Personal Excellence Workshop ignites people's personal passion and provides a framework and method for them to achieve what matters most.

The workshop focuses on a three step process:

1. **Changing My Perspective** - understanding what motivates me and taking charge of my actions and my time.
2. **Articulating My Goals** - identify what I'm trying to achieve and the work necessary to attain my end game.
3. **Managing the Everyday Chaos** - embrace the FocusMe for Excellence™ [model] [1] to manage to zero inbox and create action focused on achieving my project's deliverables - which leads to achieving my goals.

Want to know more?

Download the [brochure] [2] and give us a call.

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